

Submission No: 076

From: Megan White
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To: forwardplan
Subject: Clare 2022 - 2028 plan



Good Morning

I'm not sure if this is the correct format for the submission, but here are some ideas for the Clare 2022 - 2028 plan;

Online Mental Health facility where anyone anywhere in Clare can access services offering advice on mental health, general information on services in the persons area. Zoom , phone calls and text messages could be used as tools of support. A physically office should also be set up for general information on mental health and where one can seek help.

Charging ports for Electric cars- All businesses should receive free ports to charge electric cars.

Bikes for rent in all towns- Dublin has a great bike system the same could be rolled out across small towns to encourage visitors and locals to be more green also would be a great tourist attraction to bike your way through Clare. Bikes could be secured and rented on a credit or debit card .

Spa Wells Water pumps – All businesses close to the town could be given access to the Spa wells water , this would be a unique selling point for all businesses and a fantastic feature.

Lisdoonvarna **Community hall/ pavilion Kitchen** unit- this could generate cooking classes for both local and visitors . learning to make soda or brown bread, Irish stews, Irish desserts etc. It's popular in a lot of European countries. The cooking units would be a great feature for food fayres, parties , fun days , town meetings. It could be rented out for local events too.

Youth Centre in Lisdoonvarna – A basic area for children and teenagers to go for support, social interaction and help. Video games, pool table, internet access , basic meal if required and support from staff if a youth is struggling with problems at home, mental health, bullied etc. The town has so much potential and so many buildings not in use.

Public Gym Lisdoonvarna- cardio , weights and classes could be offered in the space. One of the town's empty buildings could be transformed into a place to attract locals to the area. When moving here in 2019 it struck me as odd that I would need to travel 15 minutes each way to access any form of a gym. Gyms can create a community of people who focus on their wellbeing , mental health and it truly can bring people together. It would be a great asset to the town and one that would encourage the younger generation to live here. At the moment the town offers nothing to really attract people to live or build aside from the scenery.

I'm currently living in Lisdoonvarna on the Doolin border

Kind Regards
Megan